



## **COSMETIC SURGERY SUPPLY LIST FOR ARM LIFT (BRACHIOPLASTY)**

THIS IS A MISCELLANEOUS LIST OF POSSIBLE SUPPLIES YOU MAY NEED AT HOME AFTER SURGERY

1. Gauze- 4x4 sizes to place over incision lines (unscented thin panty liners may be used in place of gauze)
2. Paper Tape- Used to secure dressings if needed
3. Antibiotic Ointment- Bacitracin, Neosporin or Triple antibiotic are okay to use
4. Q Tips- Used to apply antibiotic ointment to incision lines (new package is recommended)
5. Dial Liquid Soap- For daily use in shower to cleanse incisions. No Bath& Body Works or shower gels/soaps with perfumes or scrubs are allowed.
6. Distilled Water- Only needed if your water comes from a well or cistern or as directed by your physician
7. Ice Packs or Frozen Vegetable Bags- To control swelling
8. Comfortable Clothing- Consider clothing based on surgery and function ability for comfort (button-up, loose-fitting, non-binding)