



INSTRUCTIONS FOLLOWING YOUR LIPOSUCTION

1. You will experience a moderate amount of drainage from the areas of surgery for the first several days. Do not be alarmed by this.
2. You may want to wear loose old clothing over the garments until the drainage stops.
3. You will experience a moderate amount of swelling and bruising and therefore the final result will not be apparent for several months.
4. You will have a garment or ace bandages that should be worn constantly until the physician says otherwise. The garment may be removed to shower daily.
5. You may experience some pain or discomfort for a few days following surgery. Do not hesitate to take the medications prescribed. REMEMBER this medicine may make you drowsy. Do not drive while taking this medicine.
6. **DO NOT TAKE ANY ASPIRIN CONTAINING PRODUCTS OR ANTIINFLAMMATORY MEDICATIONS FOR THREE WEEKS AFTER SURGERY.**
7. No strenuous activity, aerobics, or other exercise for three weeks after surgery.
8. Additional Instructions:

9. **Signs and Symptoms to report to your doctor:**
 - Temperature above 101 degrees Fahrenheit.
 - Any increasing pain or swelling after the first several days
 - Any increasing redness in the area of liposuction
 - Any sudden shortness of breath or chest pain
10. **ALWAYS WASH HANDS THOROUGHLY BEFORE TOUCHING OR CARING FOR SURGICAL SITE.**

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